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The Hungover Cookbook





Synopsis

Everything you need to know to assess, understand, and improve a hangover is here: dozens of comforting recipes, very clever graphic tests for analyzing your state of mind, and quizzes for tracking your progress. \tilde{A} \hat{A} A good hangover brings its victim to a new state of mind \tilde{A} ¢ \hat{a} and one that, when looked at objectively, can be quite fascinating to its host: It can create an increased awareness of the body, a willingness to eat something usually off limits, and a fascination with the mind \tilde{A} ¢ \hat{a} \hat{a} ,¢s strange acrobatics. With P. G. Wodehouse \tilde{A} ¢ \hat{a} \hat{a} ,¢s six hangovers \tilde{A} ¢ \hat{a} \hat{a} •The Broken Compass, The Sewing Machine, The Comet, The Atomic, The Cement Mixer, and The Gremlin Boogie \tilde{A} ¢¢ \hat{a} \hat{a} •as a starting point, recipes are tailored to each specific malady, allowing the reader to find a recipe (or just a menu item) that precisely suits his state of mind . . . and body. Interspersed with the recipes are mind games, witticisms and graphic jokes, insights into hangover science, quizzes to see if you are still drunk or now just merely hungover, and more.

Book Information

Hardcover: 128 pages

Publisher: Clarkson Potter (May 31, 2011)

Language: English

ISBN-10: 030788631X

ISBN-13: 978-0307886316

Product Dimensions: 5.3 x 0.7 x 7.3 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 99 customer reviews

Best Sellers Rank: #14,804 in Books (See Top 100 in Books) #4 inà Â Books > Cookbooks, Food

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Customer Reviews

Milton Crawfordà was born somewhere north of the Zambezi and west of the valley of the East African Rift in a small town in the middle of Africa. He has travelled the world in search of good liquor, fine food, and game women. Crawford is an author and journalist, and in keeping with the most honorable traditions of the writing profession, aà bon viveurà and lover of distinction. Author of the bestsellingà The Hungover Cookbookà andà Â The Drunken Cookbook, he has published previous books under a soberer alias.

A straight forward cookbook that is both humorous and practical. We've all been there. The morning when we can't get out of bed and only wish some nonexistent household staff would stock out laps with greasy breakfast meat and scrambled eggs as we wash away our deepest morning after pain with Bloody Marys and mimosas. Alas, the concept of the "Hungover Cookbook" is a bit flawed. It's hard to imagine mustering the courage, let alone temper the stomach, to cook breakfast in the midst of historic hangovers. That being said, this book provides enough humor to motivate one through an attempt. I purchased this for a friend as a gag, but we did find use for it. Take it camping or leave at the vacation house. There will be those mornings and The Hungover Cookbook is something that you and your friends, soldiers in the morning after battle, will have fun working through.

This was a gift for a son in college. He loved it and hopefully once he is out of dormitory fed meals-he can execute some meals on his own!

Bought this as a gift for my brother who could certainly put this book to use. He loves it! Very funny to read, even better to cook with!

Great gift for a cook

If you can muster up the energy to get out of bed and open the blinds, a lot of these recipes will get you ready to tackle the rest of your day... maybe even to go back out and do it all over again!

Awesome item

Bought as a Christmas present, but I can expect they will love it. I really like the "test" in the front of the book before the recipes. The only thing that I would have liked even more, if they had pictures of all the food in the book. Other then that, I can't wait to give this as a gift

Fun and great gift for a 21st bday, they loved it!

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